



with KATIE DUNCAN





5 SIGNS OF DYING

INSTRUCTIONS:

Use this as a quick reference for 5 of the most common and expected signs of the dying process. Remember, these are all normal.

1. Decreasing lucidity, awareness, consciousness
2. Decreasing appetite and thirst
3. Increased weakness and fatigue
4. Variations in breathing and breathing changes.
 - a. The way it sounds
 - b. The way it looks
5. Skin Changes
 - a. Decreased integrity or strength
 - b. Varied temperature
 - c. Varied coloring

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